т 705.797.2107 **г** 1.866.242.0792 144 Airdrie Road Toronto, Ontario M4G 1M5

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### GAIL PEARSON

#### **OBJECTIVE**

To provide transitional support to clients recovering from brain injury or other serious traumas, as well as support to clients with a development disability. To provide assistance to individuals in developing and adapting the necessary skills to maintain independence within their home or community.

### **QUALIFICATIONS**

Networking and maintaining a good working relationship with client, family and support agencies to ensure individual client needs are addressed. Excellent interpersonal skills and self management skills to work effectively with clients, co-workers, outside agencies and families. I am dependable, commitment and results focused. I help prepare and support clients to deal with challenges in their environment. I have carried out physiotherapy program as set out by physiotherapist. I help advocate on behalf of the client, to help make informed choices and to ensure their rights and dignity is adhered to.

#### **EDUCATION**

#### **Health Care Aide Certificate**

Sault College Of Applied Arts

**1979 – 1980** 

1991 - 1993

#### **Developmental Service Worker Diploma**

Northern College Of Applied Arts And Technology

### **Workshops:**

1993 - 2001:

- Crisis Prevention Intervention
- Critical Incident Stress Management
- Whimis
- Backcare
- Elp Training
- Facilatation
- Autism Workshops
- Managing Aggression I & Ii

2002:

Co-Operative Communication



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- Fire Extinguisher Training
- First Aid / CPR
- Non-Violent Crisis Intervention
- Home and Community Based Rehabilitation of Persons with Acquired Brain Injury-Level One

#### **EMPLOYMENT**

# Rehabilitation Support Worker

**Present** 

Wright Rehab

Provide consistent support to individuals living with ABI to progress toward their rehabilitation goals. Effectively work with a multi disciplinary team to implement strategies to promote independence and skill development in management of daily activities in the home and community. Encourage client coping mechanisms to manage issues of pain, fatigue and frustration. Develop professional session notes to record progress and identify challenges for team review.

# **Community Support Worker**

**2010 – Present** 

Canadian Red Cross, Community Health Services: North Bay, ON

To provide personal care and home support to people experiencing difficult times in their lives through illness, disability or other circumstances.

## **Rehabilitation Support Worker**

**2005 – Present** 

Northern Lights Special Services: Sudbury, ON

Bartimaeus Inc.: Innisfil, ON

Assist individuals to reach their therapeutic goals. Working with a rehabilitation team to customize a treatment plan which is flexible and client directed. Provide direction so client can make informed decisions and to support those decisions. Enable the client to achieve the best recovery possible, and prepare and support the client to deal with challenges in their environment. Assist in life management, such as decision making skills, financial management and developing structure and organization in the home environment. Provide verbal and written reports via internet, to case manager, service coordinator and insurance company. To carry out physio therapy program set out by therapist. Chaperone client assessments to ensure their rights are adhered to.

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**Desk Manager** 2003 – 2005

Fitt Gym and Personnel Training Studio: Huntsville, ON

Provide good public relations to people in the community as well as orientate new members of what services are provided. To keep updated records of memberships and provide notification of any changes to members. Ordered supplies and ensure all equipment is in good working condition. Maintain a clean and safe environment.

### **Private Respite Support**

Worked with individuals with special needs. Provided behavioral support to clients and their families as well as personal care to the client. Met with the support team to customize workable plans for the client and her family. Went on outings and attended doctor appointments as needed.

# Residential Counsellor/Supported Independent Living Worker

2001 - 2003

Community Living: Huntsville, ON

Provide direct care and support to individuals in their homes in all areas of independent living, making recommendations and assisted to develop, implement and monitor I.P.P. and I.T.P. and behavior strategies. Maintain accurate records, monitor progress, reviewed and revised supports as necessary. Reported progress / difficulties to supervisor, attended staff meetings and kept individual files updated.

Counsellor II 1993 – 2001

Iroquois Falls Community Living

I provided verbal as well as written reports to health care professionals, supervisor, Executive Director, front line staff and families as requested. I scheduled as well as attended all in town as well as out of town appointments. I was responsible for personal finances for six individuals as well as making sure appropriate spending in a residential setting. Helped developed and implemented behavioral and medical protocols, as well as charting procedures. Provided appropriate physical, emotional and counseling care, as well as demonstrated rational decisions in crisis situations in the best interest of the individual. Worked with other agencies in facilitating a transfer of a client from an institutional setting to a residential setting. During my last few months with the employer I supervised two residential settings while maintaining my counsellor duties. I also participated in developing a job interview and sat on the hiring committee.



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**Lapidary Supervisor**Ontario March of Dimes

1987 - 1990

Assisted in individual vocational and rehabilitation programs. Instructed and monitored clients to develop job skills and to demonstrate appropriate interaction with others. Provided encouragement and support to clients. Planned, organized and directed production as well as maintained quality control. Prepared reports for the Ministry of Labor and the Ministry of Environment as well as revised department handbook. I implemented health and safety regulations as well as assisted with public relations and education as were required.

**Duty Care / Red Cross Homemakers** 

1985 - 1986

Private

**Tender Care Nursing Home** 

1980